



THE ESTABLISHED HEART

SEVEN OBJECTIVES TO MEDITATING GOD'S WORD

1. Apply the Word you're meditating to you personally.
2. Allow the Holy Spirit to make God's Word a reality in your heart.
3. Carefully ponder how this Word applies to your life.
4. Dwell on how this Word changes your situation.
5. Place yourself in agreement with what that Word says about you.
6. See yourself the way God sees you.
7. Realize the integrity of God's Word. God is not a man that He should lie.